

Dear Prospective Camp Volunteer,

It is with great pleasure that we announce the details for our "Pathway to Hope" family camps for 2024. Our family summer day camp will run from July 22-26, 2024. The entire family, including the target child, both parents (if applicable), and siblings living in the home, will attend the 5 day camp. Our camp is built off the great work of the late Dr. Karyn Purvis, Dr. David Cross, and the Karyn Purvis Institute of Child Development at Texas Christian University. We have been extremely blessed to be trained under this great group of people to offer this wonderful camp opportunity through Anchor Point. This model is an emerging intervention for a wide range of childhood behavioral problems. It has been applied successfully in a variety of contexts, and with many children for whom other interventions (e.g., medications, cognitive-behavioral therapies) have failed.

The Trust Based Relational Intervention (TBRI) is based on a solid foundation of neurophysical theory and research, tempered by humanitarian principles. It is a family-based intervention that is designed for children who have come from a hard place. Research has found that a 'hard place' can be caused by abuse, neglect, trauma, a difficult pregnancy, a difficult birth or prematurity. For the past ten years, Drs. Purvis and Cross have been implementing and evaluating the TBRI model, and their strategies have proved extremely effective in creating healing environments for children who have come from hard places.

The TBRI model emphasizes the integration of the following intervention principles:

- Empowering Principles (felt safety, safe touch, nutrition, hydration, sensory processing and selfregulation)
- Connecting Principles (attachment, engagement strategies and playful interaction)
- Correcting Principles (life value terms and IDEAL response)

The ultimate goal of our camp is to help families and children construct meaningful connections and deeper relationships. It will allow the children to not only survive but ultimately thrive in life.

Working with children from hard places can be difficult and rewarding work. Our hope is that while you are giving your time and emotional energy, you will also receive the satisfaction of knowing you have made a difference in the lives of the families with which you work. To help ensure this outcome, details of the services needed for camp are provided so that our volunteers are more fully aware of our program expectations. As you read through this letter, please give your commitment serious consideration. By consenting to participate in camp, you are making a pledge to Anchor Point and the children you will serve.

Expectations for our summer camp:

Attend Volunteer Training Session: Saturday, 6/15 from 8:30 am – 12 pm location TBD

Attend Pre-Camp Volunteer Kick Off: Saturday, 7/13 from 9 am – 12pm location TBD

Attend Pre-Camp Sessions: Sunday, 7/14 from 1 pm – 5 pm and 7/21 from 4 pm – 6 pm location TBD

Attend ALL Day Camp Activities: July 22-26 from 8:30 am to 4 pm @ University Baptist Church. On the first day of camp, you will need to arrive at 7:30 am; the rest of the week you can arrive at 8 am.

<u>Attend Post-Camp Session</u>: Sunday, 8/4 from 2-5pm location TBD.

We look forward with great anticipation to the "Pathway to Hope" family summer and fall camps of 2024. It is our goal to offer connection and healing for our children from "hard places" and assist families to implement a solid intervention model at home. This camp can serve as a first step on the long arduous journey. We firmly believe that there is hope for every child.

Applications are due by Friday 5/10/2024!!! You can email those to <u>Julie.downey@anchorpoint.us</u>. You are also welcome to mail those to 103 Davis Road, Suite B, League City, TX 77573.

If you have any questions, please do not hesitate to contact us @ 832.632.1221 or email <u>Julie.downey@anchorpoint.us</u>

Sincerely,

Debbie Simmons CEO/Founder Anchor Point



Photographer

Family Camp Volunteer Application

o Food Prep

Volunteer Information

| | First Name | Last Name | Date of Birth | Cell | Phone | | Email |
|-------------|---------------------------------------|---|--|---------------------|------------|------------|----------------|
| Contact | | | | | | | |
| | | | | | | | |
| Contact Inf | | Address | City | | State | | 7in Codo |
| Address | Street | Address | City | | State | | Zip Code |
| | | | | | | | |
| mergency | Contact Informat | ion | | | | | |
| | First Name | Last Name | Relations | hip | Cell P | hone | Email |
| Contact | | | | | | | |
| Shirt Size | : Small Med | ium Large | XL | 2XL | | | |
| Snirt Size | : Smail Wed | ium Large | XL | ZXL | | | |
| Vhich posi | tion are you apply | ring for? | | | | | |
| car pri | mper maintaining on ciples consistent | amper will be assig close proximity, at ly with the camper e position for whic | tending to the c r, and assisting i | :amper' n traini | s needs, r | einforcing | TBRI |
| be | | ecialists will assist all the materials/l | | | | | |
| | o Memory Boo | ok | | С | Games | | |
| | Movement | | | С | Activity | / Group | |
| □ Ad | ministrative Specia | alists: These are v | olunteers worki | ng behi | nd the sce | enes. Posi | tions include: |

o Timer

| Briefly describe what you hope to gain from camp: | | | | | |
|---|------------------------|--|---|---|---|
| What is your previous experience working with children? | | | | | |
| • | :? (Examples migh | interest, or skills the include: sports, a | _ | • | • |
| What are you | ur major strengths | ? | | | |
| What are you | ur major challenge | s? | | | |
| Please give 5 adjectives that most accurately describe you: | | | | | |
| Adjectives | 1 | 2 | 3 | 4 | 5 |
| | es for <u>Summer</u> : | | | | |

| I WIII b | e able to participate in all training requirements (unless otherwise approved with staff) | | |
|---|--|--|--|
| 0 | 6/15-8:30 am-12 pm (volunteer training) | | |
| 0 | 7/13- 9 am -12 pm (camp kick off) | | |
| I will b | e able to participate in all pre-camp, camp and post-camp sessions (unless otherwise | | |
| approv | ved with staff) | | |
| 0 | 7/14- 1 pm- 5 pm (pre camp session) | | |
| 0 | 7/21- 4 pm-6 pm (pre camp session) | | |
| 0 | 7/22-7/26 (camp) | | |
| 0 | 8/4 - 2pm -5 pm (post camp) | | |
| I comn | nit to purchase and read "The Connected Child" by Dr. Karyn Purvis prior to the 1st training | | |
| I am in agreement with Anchor Point's Statement of Faith as provided to me. | | | |

 $\hfill \square$ I agree to have the necessary background checks performed on me.

| Spiritual Background In your own words, explain how a person becomes a Christian: | | | | | |
|--|---|----------|--------|------------|---|
| | | | | | |
| | | | | | |
| At what age did | you become a Christi | an? | | | |
| Name of Your Church: Pastor Name: Do you attend regularly? YES NO | | | | e: | |
| Please briefly sh | are your personal tes | timony – | | | |
| | | | | | |
| | | | | | |
| | ase provide names, p e people cannot be re | | | | ave known you as a hat we will be contacting |
| | to your reference and | | | | · · |
| | First Name | Las | t Name | Cell Phone | Email |
| Reference 1 | | | | | |
| Reference 2 | | | | | |
| Have you ever been convicted of a crime other than a minor traffic offense? YES NO If yes, please explain. | | | | | |
| Signature: | | | | Dat | re: |
| Printed Name | | | | | |
| | | | | | |



Statement of Faith

We believe:

- Holy Bible is the Inspired Word of God-We believe that the entire Bible is the inspired, the only infallible, authoritative Word of God. It is the sole and final authority for faith and life, providing encouragement, guidance, comfort and instruction for training in righteousness (2 Tim 3:16-17)
- <u>The Trinity-</u>We believe that there is one God, who exists eternally in three persons: God the Father, God the Son, and God the Holy Spirit. (Deut. 6:4; Matt. 28:19; John 1:14, John 10:30; 2 Cor. 13:14).
- <u>Deity of Christ-</u>We believe in the deity of our Lord, Christ Jesus, the only begotten son of God. Jesus is God incarnate, and was manifest in human flesh. He was conceived by the Holy Spirt, born of the Virgin Mary. He was like us in all ways except for one, being free from sin. We believe He was crucified on the cross for our sin, was buried and rose again on the third day. He was the only man that was infallible and He alone is our redeemer. (Isaiah 7:14, 9:6-7, Matt 1:22, John 1:14, John 3:16, John 5:22-23, John 10:30)
- Salvation by Grace-We believe that the shed blood of Jesus Christ on the cross provides the sole basis for forgiveness of sins and salvation, which is the free gift of God's grace. Salvation is effected by the regenerating work of the Holy Spirit and cannot be secured by man's works or personal merit. "Unless a person is born again and reborn spiritually, he cannot see the kingdom of God. (John 1:12-13, 3:3, Eph. 1:7, 13-14, Eph. 2:8-10, 2 Cor. 5:17, Rom. 1:16, 5:6-10, 10:9-10)
- Role of God the Holy Spirit-We believe that the Holy Spirit cleanses the believer from all sin and is living within us, enabling the believer to live the Christian life. The fruit of the Holy Spirit working in a person's life produces love, joy, peace, patience, goodness, faithfulness, gentleness and self-control. We expect that all that we do be led by the Holy Spirit's work in us. (Ezekiel 36:27, Galatians 5:22-23)
- The Christian Life and the Church-We believe it is essential for every Christian to live in obedience to the Word of God and that a personal relationship with Jesus Christ is the most important thing a person can have in life. Believers should exercise their spiritual gifts to build up the body of Christ and be personally involved in making disciples to fulfill the great commission. We believe the church exists to encourage growth in every believer. (Gal. 2:20, 2 Cor. 5:1-15, Rom. 6:11-13, Eph. 2:10, Eph. 4:11-12, Eph. 4:22-24, 1 Pet. 4:10-11, Matt. 28:18-20)
- Sanctity of Human Life We believe that all human life is sacred and created by God in His image. Human life is of inestimable worth in all its dimensions, including pre-born babies, the aged, the physically or mentally challenged and every other stage or condition from conception through natural death. We are therefore called to defend, protect and value all human life. We do not offer, recommend or refer for abortions or abortifacients, but we are committed to offering accurate information about abortion

procedures and risks. (Luke 1:15, Galatians 1:15; Psalm 22:10; 71:6; 139:13-14; Mark 8:36; Psalm 72:14; Isaiah 43:4)

- Marriage and Family- We believe that marriage and family are institutions ordained by the Lord God Himself from the very beginning of human history and are sacred institutions. Marriage has only one meaning; the uniting of one man and one woman in a single, exclusive union, as delineated in Scripture. We believe that God intends sexual intimacy to occur only between a man and a women who are married to each other. We believe that God has commanded that no intimate sexual activity be engaged in outside of a marriage between a man and a woman. (Genesis 2:18-25; 1 Cor 6:18; 1 Cor 7:2-5; Heb 13:4)
- <u>Human Sexuality</u>-We believe that God wonderfully and immutably creates each person as male or female. These two distinct, complementary genders together reflect the image and nature of God. Rejection of one's biological sex is a rejection of the image of God within that person. We believe that any form of sexual immorality (including adultery, fornication, homosexual behavior, bisexual conduct, bestiality, incest and use of pornography) is sinful and offensive to God. Anchor Point does not recommend or encourage the use of contraception and ultimately supports abstinence until marriage. (Gen. 1:27-28; Matt. 5:27-28; Matt. 15:18-20; Prov. 6:25-26; 1 Cor. 6: 9-10, 18; 1Thess. 4: 38)
- Statement of Final Authority on Matters of Faith and Conduct-Our list of values do not exhaust the extent of our beliefs. The Bible itself, as the inspired and infallible Word of God that speaks with final authority concerning truth, morality, and the proper conduct of mankind, is the sole and final source of all that we believe. For purposes of Anchor Point's faith, doctrine, practice, policy and discipline, our Anchor Point Board is the final interpretive authority on the Bible's meaning and application.

By signing this Statement of Faith, I not only acknowledge that these are the beliefs of Anchor Point but I agree that these are

| Name: | Date: |
|------------|----------|
| Signature: | <u> </u> |

RETURN COMPLETED APPLICATION & COPY OF YOUR DRIVER'S LICENSE TO Julie Downey EMAIL: Julie.downey@anchorpoint.us FAX: 832.201.8542

MAIL: ANCHOR POINT, 103 DAVIS RD, SUITE B, LEAGUE CITY, TX 77573

FREQUENTLY ASKED QUESTIONS ABOUT CAMP

Location of Summer Pre-Camp and Post-Camp Training

TBD

Location of Camp

University Baptist Church, 16106 Middlebrook Dr., Houston, TX 77059

Are there risks for camp?

There is some risk involved in being a "buddy" at camp. You may feel overwhelmed by the history and/or current behavioral problems of the child with whom you are working. To address this risk, you will never be alone with the child. A senior member of the camp staff will be directly supervising you and the child at all times. In addition, there will be time available daily to talk about any issues that arise with the child. Finally, if you or the camp staff deems it necessary, you may be assigned a different child. Other risks include those involved in participating in any outdoor activity.

How does the application process work?

Applications must be submitted by Friday, May 10, 2024.

Do I have to get my own background check?

No. After being accepted into camp, we will provide you with the background check.

Will we be staying overnight?

No, we should be finished by 4:30 pm at the latest each day at which time you will be free to go.

I have special dietary needs. Will the camp be able to accommodate?

Yes, the camp is able to accommodate for special dietary needs. Please let us know your needs.

I need to miss one of the pre-camp or post-camp sessions. Can I still volunteer?

It is possible to still volunteer but miss a session. Please talk with us as soon as possible.